

Indigo May Roe
Agreement for recording
Indigo May Counselling

Post completed consent to: Indigo May Counselling, 9 Dibdin View, Bridport, Dorset, DT6 5FA, UK

Audio Recordings of Counselling Sessions

Recordings of counselling sessions can be useful during the counsellor's supervision sessions. The purpose is to provide information to work with during supervision, aiding your Counsellor's professional development. This helps your counsellor to work ethically, safely and competently.

The recordings are for supervision purposes only, and only short extracts will be used. The supervisor and senior/accredited counsellor who will hear them is:

- Stuart Rose (CPsychol CSci AFBPsS)

Your counsellor, Indigo May Roe (MBACP, MBPsS, Coun. Dip, and BSc Psychol Hons.), will dispose of (delete) your recordings either after they have been heard in supervision or within a month if they are not used for supervision. The recorder will be kept in a locked case when unused.

If you are talking via phone or Skype, or if you have a visual impairment you will be informed when the recorder is being used.

Should recordings ever be intended for any other use, than your express written consent will be sought.

Whether you agree to the recording of your sessions is entirely your choice, and your counsellor is happy to discuss any aspect of this with you. If you choose not to, your counselling sessions will remain unaffected and continue to be offered as usual. Thank you for your time in considering it. Your willingness to take part in recordings would be very much appreciated.

I have read the above and I am happy to be recorded:

Name: _____

Signed: _____ Date: _____